



This event is sponsored by  
Pax Christi Lansing

# You are invited to **EXPLORING NONVIOLENT LIVING**

A new Lenten small group discussion process

**WITH 8-12 OTHERS, YOU WILL HAVE THE OPPORTUNITY TO...**

- Find ways to live a more just and peaceful life
- Learn how to respond to violence
- Deepen your relationship with yourself and others
- Experience the power of nonviolence
- Explore the spirituality of nonviolence.

**We will meet on Mondays 6:30 – 8:00 PM during Lent at  
St. Therese Church: 102 W. Randolph St, Lansing, MI 48906**  
**February 23, March 2, 9, 16, 23**

**For more information contact:**

Dave Borzenski 517-331-5764, [borzenskid@gmail.com](mailto:borzenskid@gmail.com)  
Fr. Fred Thelen 517-927-8689, [fthelen80@gmail.com](mailto:fthelen80@gmail.com)

To find out more, you are  
invited to attend  
**A ONE HOUR OPTIONAL  
INTRODUCTORY SESSION**  
**Feb. 16 at 6:30 – 7:30 PM**  
St. Therese Church,

**To Register, go to:**

<https://pax-christi-michigan.live/Lent>



*"In the midst of the many challenges facing our world at this time, including widespread armed conflict, division among peoples, and the challenges of forced migration, efforts to promote nonviolence are all the more necessary.*

*- Pope Leo XIV message to Pax Christi USA National Conference*